

## CLAIMS

What is claimed is:

1. A device, comprising:  
  
an elongate member having a first end portion and a second end portion adjacent to the first end portion, wherein the second end portion is adapted to removably engage a raceway member, the elongate member defining an axial passageway for receiving a cable therethrough, and wherein the axial passageway has a pre-determined cross-sectional geometry in a plane perpendicular to the axial passageway.
2. The device of claim 1, wherein the cross-sectional geometry of the axial passageway is circular.
3. The device of claim 2, wherein the second end portion comprises a first threaded portion and the raceway member comprises a second threaded portion, and wherein the second end portion may threadingly engage the second threaded portion of the raceway member.
4. The device of claim 2, wherein the second end portion comprises a tapered portion for frictionally engaging the raceway member.
5. The device of claim 1, wherein the cross-sectional geometry of the axial passageway is polygonal.

6. The device of claim 5, wherein the second end portion comprises a tapered portion for frictionally engaging the raceway member.
7. The device of claim 1, wherein the elongate member is fabricated from a plastic.
8. The device of claim 1, wherein the elongate member is fabricated from a metal.
9. The device of claim 1, further comprising a coating of a dry film lubricant on the axial passageway of the elongate member.
10. The device of claim 1, wherein the elongate member further defines an axial slot wherein the cable may be received into the axial passageway by aligning the cable with the axial slot and inserting the cable therethrough.
11. A device, comprising:
  - an elongate member defining an axial passageway for receiving a cable therethrough, wherein the axial passageway has a pre-determined cross-sectional geometry in a plane perpendicular to the axial passageway, the elongate member having a first end portion and a second end portion adjacent to the first end portion, wherein the second end portion is adapted to removably engage a raceway member,

and wherein the cross-sectional geometry of the axial passageway through the first end portion increases in area in a direction away from the second end portion.

12. The device of claim 11, wherein the second end portion comprises a first threaded portion and the raceway member comprises a second threaded portion thereon whereby the second end portion may threadingly engage the second threaded portion of the raceway member.

13. The device of claim 11, wherein the second end portion comprises a tapered portion for frictionally engaging the raceway member.

14. The device of claim 11, wherein the cross-sectional geometry of the axial passageway through the first end portion increases linearly in area in a direction away from the second end portion.

15. The device of claim 11, wherein the cross-sectional geometry of the axial passageway through the first end portion increases non-linearly in area in a direction away from the second end portion.

16. The device of claim 11, wherein the elongate member is fabricated from a plastic.

17. The device of claim 11 wherein the elongate member is fabricated from a metal.

18. The device of claim 11, further comprising a coating of a dry film lubricant on the axial passageway of the elongate member.

19. The device of claim 11, wherein the elongate member further defines an axial slot whereby the cable may be received into the axial passageway by aligning the cable with the axial slot and inserting the cable therethrough.

20. A device, comprising:  
an elongate member having a first end portion and a second end portion adjacent to the first end portion, wherein the second end portion includes means for removably engaging a raceway member, the elongate member further having means for receiving a cable therethrough.